

Spine Care Associates of Alexandria, Inc.  
6285 Franconia Rd. 703-719-7302  
Alexandria, VA 22310  
[www.SpineCareOfAlexandria.com](http://www.SpineCareOfAlexandria.com)

Date \_\_\_\_\_

**NEW PATIENT DEMOGRAPHICS:**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age \_\_\_\_\_

Height: \_\_\_ ft \_\_\_ in Weight: \_\_\_\_\_ lbs

Address: \_\_\_\_\_ SS# \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Single/Married

Hm. # \_\_\_\_\_ Wk.# \_\_\_\_\_ Cell.# \_\_\_\_\_

Email: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Emergency Contact: Name and Phone # \_\_\_\_\_

Ins.Name \_\_\_\_\_ Policy/Subscriber# \_\_\_\_\_ Grp# \_\_\_\_\_

Referred By: Internet/ Phonebook/ Insurance/ Coupon/ Other/ Patient \_\_\_\_\_

Primary Care Phy. \_\_\_\_\_ ph.# \_\_\_\_\_

Would you like a letter sent to your **Primary Care Physician?** Y / N Name: \_\_\_\_\_

**Previous Chiropractic Care?** Y/N If so how long ago? \_\_\_\_\_

**MAIN COMPLAINT:**

Why are you here today?(Please be specific) \_\_\_\_\_

1. When did it start? \_\_\_\_\_ 2. How did it start? \_\_\_\_\_

3. Work related? Y/N , Auto Accident? Y/N , Other Accident? Y/N

4. Does the pain radiate to any other part of your body , if so where? \_\_\_\_\_

5. Did your pain begin **Gradually**, or **Suddenly**? (Circle one)

6. Is your pain **Mild**, **Moderate**, or **Severe**? (Circle one)

7. Is your pain? Circle all that apply: **Dull, Sharp, Burning, Numbness, Soreness, Stiffness.**

8. Has your problem been getting **Better**, **Worse** or the **Same**?

9. Is your pain **Intermittent 25%/Frequent 50% /Constant 100%** during the day?

10. What makes your symptom **Better**? \_\_\_\_\_

**Worse?** \_bending/lifting/computer/walking/sitting/standing/coughing/childcare/household chores/driving/getting dressed/intercourse/exercise/ \_\_\_\_\_

11. Have you lost time from work? \_\_\_\_\_

12. Have you seen any other doctors for this? \_\_\_\_\_

13. Have you had this before? Y/N If so when? \_\_\_\_\_

14. Any changes in body function? **Explain** \_\_\_\_\_

15. Have you lost any work as a result of your current problem? Y/N How Long? \_\_\_\_\_

16. Do you have any other problem you would like the Dr. To evaluate? \_\_\_\_\_

**PAST MEDICAL HISTORY**

1. XRAYs/MRI's when? \_\_\_\_\_

2. Have you been diagnosed with any other conditions? \_\_\_\_\_

3. Are you under a doctors care for any condition? Y/N \_\_\_\_\_

4. PREVIOUS TREATMENTS ? \_\_\_\_\_

5. Have you had any past significant auto accidents? Y/N When? \_\_\_\_\_

6. Please list any current medications you are taking. \_\_\_\_\_

7. Have you under gone any surgeries? Y/N Explain. \_\_\_\_\_

8. Do you drink, smoke or use any recreational drugs? Explain. \_\_\_\_\_

9. Do you have any allergies? Y/N Explain. \_\_\_\_\_

10. History of family diseases?  
Explain. \_\_\_\_\_

**Have you ever been diagnosed with any of the following? Please Circle Yes or No.**

- |                              |   |
|------------------------------|---|
| Y/N High Blood Pressure      | Y/N Hardening of the arteries           |
| Y/N Diabetes                 | Y/N Heart or blood vessel diseases      |
| Y/N Bone spurs on neck       | Y/N Whiplash injury                     |
| Y/N Blurred or Double Vision | Y/N Relatives who have suffered strokes |
| Y/N Currently Smoke          | Y/N Smoked in the past                  |

**Have you had any of the symptoms in the past Year?**

- |   |  |
|---|--|
| Y/N Slurred speech or speech Problems     | Y/N Difficulty swallowing                          |
| Y/N Dizziness                             | Y/N Temporary lack of understanding                |
| Y/N Loss of consciousness, or Black out   | Y/N Numbness in face, arms, hands fingers, or legs |
| Y/N Any other abnormal loss of sensation  | Y/N Diminished or partial loss of vision           |
| Y/N Weakness, Clumsiness or strength loss | Y/N Hearing loss in one or both ears               |
- Face, arms, hands, fingers, or legs

**PAIN DRAWING:**

Circle the Severity of your pain on the line below:

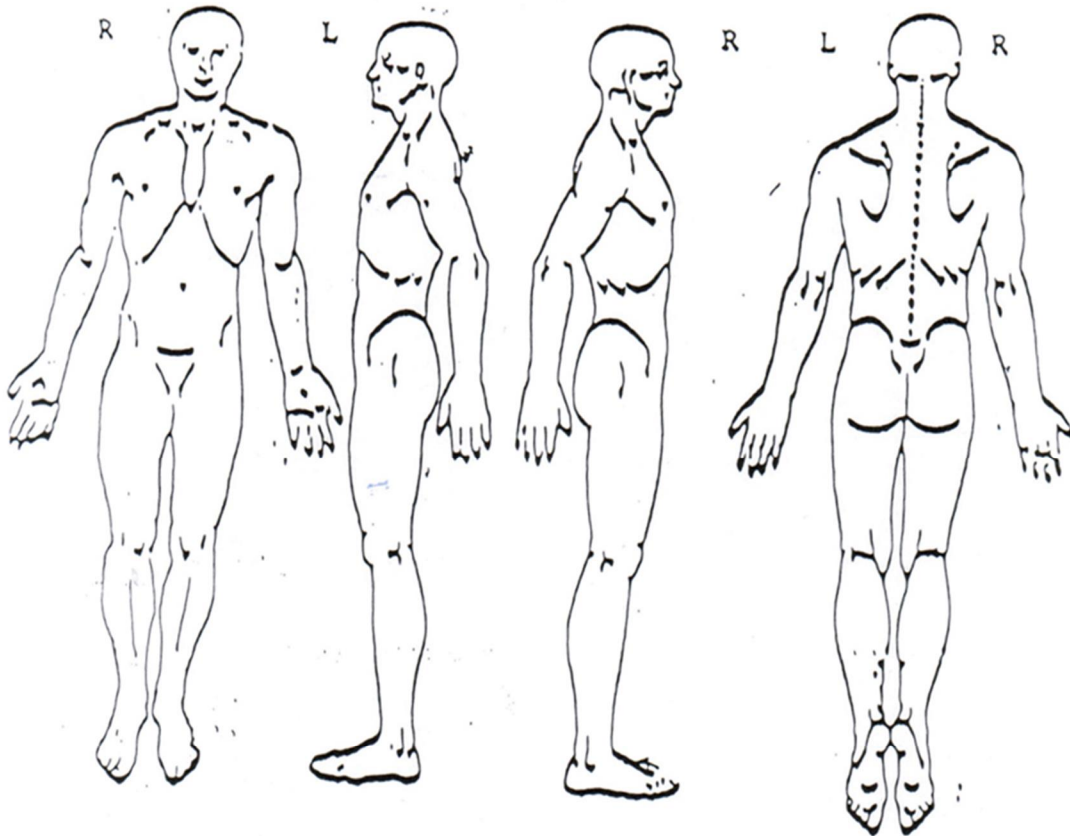
**0-1-2-3-4-5-6-7-8-9-10**

(No pain)

(Extreme pain)

Mark the location of your pain on the body outlines below using the following Letters:

A=Ache B=Burning N=Numbness P=Pins and Needles S=Stabbing X=Other(Specify)



## Signature of Consent

I have read and understand the purpose of chiropractic care and the potential risks involved. I also understand that the doctor does not guarantee my response to care. Other treatment options have been explained to me and my questions about this consent form have been addressed.

I HAVE READ THE ABOVE INFORMATION AND UNDERSTAND WHAT I HAVE READ.  
I CONFIRM THAT ALL MY QUESTIONS HAVE BEEN ANSWERED.  
I CONSENT TO RECEIVE THE CHIROPRACTIC CARE DEEMED NECESSARY BY THE DOCTOR.

I have also read the HIPAA Privacy pertaining to this office as well and collection procedures and release of medical information.

\_\_\_\_\_  
Date:                      Patient Name Printed

\_\_\_\_\_  
Patient Signature

<b>Parental Consent for Minor Patient:</b>
<b>Patient Name:</b> _____
<b>Patient age:</b> _____ <b>DOB:</b> _____
<b>Printed name of person authorized to sign for Patient:</b> _____
<b>Signature:</b> _____
<b>Relationship to Patient:</b> _____